

SUMMERWHITE PERSONALITY ASSESSMENT

Personality questionnaires assess personal behavioral preferences, that is, how you like to work. They are not concerned with your abilities, but how you see yourself in the way you relate to others, your approach to problems, and how you deal with feelings and emotions. With this type of assessment, there are no right or wrong answers.

The questions that follow are examples of the type of question you may come across in personality questionnaires. There are two common formats to personality questionnaires. In one format, you are asked to rate yourself. In the other, you are asked to choose between different statements that look at different aspects of personality.

Rating Statements

You may be asked to rate yourself on a number of phrases or statements. After reading each statement, you would mark your answer as follows:

- Select circle 1** If you strongly disagree with the statement
- Select circle 2** If you disagree with the statement
- Select circle 3** If you are unsure
- Select circle 4** If you agree with the statement
- Select circle 5** If you strongly agree with the statement

In the example below, the first statement has been completed; the person has agreed that "I enjoy meeting new people" is an accurate description of himself or herself. Try rating yourself on the other example questions. Remember there are no right or wrong answers.

		Strongly Disagree	Disagree	Unsure	Agree	Strongly Agree
1	I enjoy meeting new people.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>
2	I like helping people.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
3	I sometimes make mistakes.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
4	I'm easily disappointed.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
5	I enjoy repairing things.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

Making Choices

This is the second format widely used with personality questionnaires. You are given a block of statements. Your task is to choose one statement that is most like your behavior in work situations and one statement that is least like your behavior. You should indicate your choices by clicking the appropriate button in the columns marked "M" for most and "L" for least.

The first statement below has been completed; the person has indicated that he or she most likes trying out new activities and least like understanding the underlying theory. Try choosing which statements are most and least like you in the following example questions. Remember there are no right and wrong answers.

I am the sort of person who...

M

L

1	A	I try out new activities.	<input checked="" type="radio"/>	<input type="radio"/>
	B	I consider other people's feelings.	<input type="radio"/>	<input type="radio"/>
	C	I like to understand the underlying theory.	<input type="radio"/>	<input checked="" type="radio"/>

2	A	I have highly original ideas.	<input type="radio"/>	<input checked="" type="radio"/>
	B	I am prepared to tell people if they are mistaken.	<input type="radio"/>	<input type="radio"/>
	C	I am modest about what I have achieved.	<input type="radio"/>	<input type="radio"/>

3	A	I conceal my feelings.	<input type="radio"/>	<input checked="" type="radio"/>
	B	I am nervous before big events.	<input type="radio"/>	<input type="radio"/>
	C	I review work critically.	<input type="radio"/>	<input type="radio"/>

4	A	I like meeting new people.	<input type="radio"/>	<input checked="" type="radio"/>
	B	I enjoy setting long-term goals.	<input type="radio"/>	<input type="radio"/>
	C	I usually feel relaxed.	<input type="radio"/>	<input type="radio"/>

Instructions

- This personality test contains 20 statements. There is no time limit. Most people take about 15 minutes - please allow yourself plenty of time.
- Please respond to all of the statements and answer in sequence.
- Double-check that you have made the right choice. If you need to change an answer, simply select the new response and the incorrect response will disappear.
- Try not to use the 'Neutral' option too often.
- Describe yourself as you generally are now, not as you wish to be in the future.
- Be as discerning and as truthful as possible.

- Describe yourself, as you honestly see yourself, in relation to other people of the same sex and of roughly the same age. Your spontaneous answer is usually the most accurate.
- Make sure to do scan the results back to youngamericansclub@gmail.com

For each statement choose the response that best represents your opinion:

--	Strongly Disagree	If you strongly disagree or if the statement is definitely false.
-	Disagree	If you disagree or if the statement is mostly false.
-/+	Neutral	If you are neutral about the statement, if you cannot decide, or if the statement is about equally true and false.
+	Agree	If you agree or if the statement is mostly true.
++	Strongly Agree	If you strongly agree or if the statement is definitely true.

1. I am a 'worrier'

-- - -/+ + ++

2. I make friends easily

-- - -/+ + ++

3. I have a vivid imagination

-- - -/+ + ++

4. I trust others

-- - -/+ + ++

5. I complete tasks successfully

-- - -/+ + ++

6. I get angry easily

-- - -/+ + ++

7. I really enjoy large parties and gatherings

-- - -/+ + ++

8. I think art is important

-- - -/+ + ++

9. I use and manipulate others to get my own way

-- - -/+ + ++

10. I don't like things to be a mess - I like to tidy up

-- - -/+ + ++

11. I often feel sad

-- - -/+ + ++

12. I like to take charge of situations and events

-- - -/+ + ++

13. I experience deep and varied emotions

-- - -/+ + ++

14. I love to help others

-- - -/+ + ++

15. I keep my promises

-- - -/+ + ++

16. I find it difficult to approach others

-- - -/+ + ++

17. I am always busy - always on the go

-- - -/+ + ++

18. I prefer variety to routine

-- - -/+ + ++

19. I love a good argument - a good fight

